



# Stratford Primary School

---

Next review: Term 4 2026

## Health Education

Health education at Stratford Primary School supports our objectives to ensure students are able to achieve their highest possible standard in educational achievement, and to ensure the school is a safe and inclusive place for all students and staff. We comply with legislative requirements for the development and delivery of health education, including:

- adopting a health curriculum delivery statement in consultation with the school community at least once every two years
- providing supervision if release from specific parts of health education is required.

## Community consultation

As required by the Education and Training Act 2020, the board consults with the school community about how the health curriculum is implemented (s 91).

We consult with parents of students enrolled at the school. The consultation process may also include other people the board considers to be part of our school community.

## Consultation process

The board prepares a draft statement on the delivery of the health curriculum, or may delegate this responsibility to the principal, and shares the draft statement with the school community. The board may use any method of consultation that it considers fit for purpose. The aim of consultation is to:

- determine the health education needs of our students
- inform the school community about the content of the health curriculum
- receive feedback from the school community about how the health curriculum should be implemented.

The board gives the school community a reasonable amount of time to comment on the draft statement, and then considers any feedback received. The school takes all feedback into account but does not negotiate on requests that would conflict with our legislative responsibilities.

Once the board has considered feedback from the school community, they adopt a final statement on the delivery of the health curriculum and inform the school community. The final statement describes how the health curriculum will be implemented, and notifies parents that they may request to withdraw their child from parts of the curriculum related to sexuality education.

The board ensures that a health curriculum statement is developed and adopted in consultation with the school community at least every two years.

## Student participation and release from tuition

Students take part in the following areas of learning as part of our health education programme:

- mental health

- relationships and sexuality education
- food and nutrition
- body care and physical safety
- physical activity
- sports studies
- outdoor education.

Once we have adopted a health curriculum statement, the school is not required to seek permission for students to participate in the health education programme. Parents/Guardians can however request that their child is released from specific parts of the health education programme relating to sexuality education. Parents/Guardians are required to send a request to the principal in writing.

The principal must ensure that any student excluded from specific parts of health education is appropriately supervised. The school is not required to ensure that students who are excluded from sexuality education are also excluded if related questions are raised by other students in different areas of the curriculum.

---

The principal assures the board that at least once every two years, a consultation with the school community has occurred, and a statement on the delivery of the health curriculum has been adopted. See [Review Schedule and Board Assurances](#).

---

## Legislation

- Education and Training Act 2020

## Resources

- Tāhūrangi – New Zealand Curriculum Online | Te Poutāhū Curriculum Centre: [Health and physical education in the curriculum](#) 
- Tūturu: [Community Consultation: Health Education](#) 

**Release history:** [Term 1 2024](#), [Term 4 2022](#), [Term 2 2022](#)

<b>Last review</b>	Term 4 2023
<b>Topic type</b>	Core