

## 2024 TERM 4 SCHOOL LUNCHES MENU

| Week 1                           | Monday                              | Tuesday                                | Wednesday                           | Thursday   | Friday   |
|----------------------------------|-------------------------------------|--|-------------------------------------|--|--|
| <b>Standard Menu Option 1</b>    | Hawaiian Pizza. HOT                 | Mac & Cheese. HOT                      | Beef Stew with Veggies & Gravy. HOT | Butter Chicken with Rice, Beans & Chickpeas. HOT | Beef Nachos with Grated Cheese & Light Sour Cream. HOT |
| <b>Standard Menu Option 2</b>    | Coconut Meatballs with Rice. HOT    | Beef Mince Roll with Cheese. HOT       | Chicken Fried Rice. HOT             | Meatloaf with Mash. HOT                          | Creamy Chicken Pasta. COLD                             |
| <b>Halal Menu</b>                | Coconut Veggie Curry with Rice. HOT | Beef Mince Roll with Vegan Cheese. HOT | Chicken Fried Rice. HOT             | Butter Chicken with Rice, Beans & Chickpeas. HOT | Beef Nachos with Vegan Cheese & Salsa. HOT             |
| <b>Gulteen Free - Dairy Free</b> | Coconut Veggie Curry with Rice. HOT | Veggie Mac & Cheese. HOT               | Chicken Fried Rice. Hot             | Chickpea Curry with Fresh Vege's & Rice. HOT     | Beef Nachos with Vegan Cheese & Salsa. HOT             |
| <b>Vegetarian Meals</b>          | Coconut Veggie Curry with Rice. HOT | Veggie Mac & Cheese. HOT               | Tofu Fried Rice. HOT                | Chickpea Curry with Fresh Vege's & Rice. HOT     | Vegan Nachos with Vegan Cheese & Tomato Salsa. HOT     |
| <b>Dessert</b>                   | Fresh Whole Fruit Available         | Fresh Whole Fruit Available            | Fresh Whole Fruit Available         | Fresh Whole Fruit Available                      | Fresh Whole Fruit Available                            |

## 2024 TERM 4 SCHOOL LUNCHES MENU

| Week 2                           | Monday                      | Tuesday                            | Wednesday  | Thursday                            | Friday                                 |
|----------------------------------|-----------------------------|------------------------------------|--|-------------------------------------|--|
| <b>Standard Menu Option 1</b>    | Meatlover Pizza. HOT        | Beef Ragu with Rice. HOT           | Pasta Bolognese. HOT                                       | Honey Soy Pork on Rice. HOT         | Fish and Chips with a Fresh Salad. HOT |
| <b>Standard Menu Option 2</b>    | Cottage Pie. HOT            | Ham, Cheese, Salad Sandwiche. COLD | Chicken, Ham Poatao Egg Salad. COLD                        | Roast Veggie & Chickpea Salad. COLD | Moroccan Chicken with Cous Cous. HOT   |
| <b>Halal Menu</b>                | Cottage Pie. HOT            | Vegetarian Ragu with Rice. HOT     | Pasta Bolognese. HOT                                       | Roast Veggie & Chickpea Salad. COLD | Moroccan Chicken with Cous Cous. HOT   |
| <b>Gulteen Free - Dairy Free</b> | Cottage Pie. HOT            | Beef Ragu with Rice. HOT           | Penne Bolognese with Gluten Free Pasta & Vegan Cheese. HOT | Honey Soy Pork on Rice. HOT         | Moroccan Chicken with Cous Cous. HOT   |
| <b>Vegetarian Meals</b>          | Lentil Cottage Pie.         | Vegetarian Ragu with Rice. HOT     | Potato & Bean Salad. COLD                                  | Honey Soy Tofu on Rice. HOT         | Falafel Bites & Cous Cous. HOT         |
| <b>Dessert</b>                   | Fresh Whole Fruit Available | Fresh Whole Fruit Available        | Fresh Whole Fruit Available                                | Fresh Whole Fruit Available         | Fresh Whole Fruit Available            |