

Health Education Plan: 2024 (Year 1-2)

Term 1	Term 2	Term 3	Term 4
<p>All about me (Identity) <u>Learning Area:</u> Mental Health <u>When:</u> Throughout Term 1 <u>Concepts:</u> Theme 1: Establishing a positive Learning Environment; Theme 2: Who am I.</p> <hr/> <p>ASB First Aid <u>Learning Area:</u> Body care and physical safety. <u>When:</u> 2x 45 min sessions. <u>Concepts:</u> Emergency Smart; Safety Smart.</p>	<p>Relationships <u>Learning Area:</u> Relationships and sexuality education. When: Through the Term. Concepts: Theme 3: Relationships; Theme. <ul style="list-style-type: none"> - Learning through Play - relationships/solving conflict etc </p>	<p>Staying Safe <u>Learning Area:</u> Relationships and sexuality education. When: Through the Term. Concepts: Road Safety</p>	<p>Growing and changing <u>Learning Area:</u> Relationships and sexuality education. When: Week 3- 5 Concepts: Theme 4: Growing and Changing.</p> <hr/> <p>Swimming Safety <u>Learning Area:</u> Body care and physical safety. <u>When:</u> Week 6-9. <u>Concepts:</u> Water Survival, Safety & Awareness.</p>

Key Theme: How to be a friend; How to show Manaakitanga as an AIM High Learner.

Learning Area: Mental Health

When: One 'Class Hui' (Circle Time) each week

Concepts: Positive Learning for Behaviour (PB4L) Circle Time: Are facilitated dialogues used to build school communities, develop positive relationships, and provide opportunities for effective teaching and learning. They foster calmer, more focused classrooms in which less time is spent managing behaviour. Within a circle, all participants share responsibility for maintaining a positive and inclusive learning environment based on trust and on reaching a consensus about how things should be.

Health Education Plan: 2024 (Year 3-4)

Term 1	Term 2	Term 3	Term 4
<p>All about me (Identity) <u>Learning Area:</u> Mental Health <u>When:</u> Throughout Term 1 <u>Concepts:</u> Theme 1: Establishing a positive Learning Environment; Theme 2: Who am I.</p> <hr/>	<p>Relationships <u>Learning Area:</u> Relationships and sexuality education. <u>When:</u> Week 1-2 (Then apart of the Class Hui) <u>Concepts:</u> Theme 3: Relationships; Theme. Hauora ?</p>	<p>Staying Safe <u>Learning Area:</u> Relationships and sexuality education. <u>When:</u> Through the Term. <u>Concepts:</u> Theme 5: Staying Safe. <u>Resources:</u> Police, Fire Department, St Johns (alternate).</p>	<p>Growing and changing <u>Learning Area:</u> Relationships and sexuality education. <u>When:</u> Week 3- 5 <u>Concepts:</u> Theme 4: Growing and Changing.</p> <hr/> <p>Swimming Safety <u>Learning Area:</u> Body care and physical safety <u>When:</u> Week 6-9 <u>Concepts:</u> Water Survival, Safety and Awareness.</p>

Key Theme: How to be a friend; How to show Manaakitanga as an AIM High Learner.

Learning Area: Mental Health

When: One ‘Class Hui’ (Circle Time) each week

Concepts: Positive Learning for Behaviour (PB4L) Circle Time. Developing positive relationships, and providing opportunities for effective teaching and learning. They foster calmer, more focused classrooms in which less time is spent managing behaviour. Within a circle, all participants share responsibility for maintaining a positive and inclusive learning environment based on trust and on reaching a consensus about how things should be.

Health Education Plan: 2025 (Year 3-4)

Term 1	Term 2	Term 3	Term 4
<p>All about me (Identity) <u>Learning Area:</u> Mental Health <u>When:</u> Throughout Term 1 <u>Concepts:</u> Theme 1: Establishing a positive Learning Environment; Theme 2: Who am I.</p> <hr/> <p>ASB First Aid <u>Learning Area:</u> Body care and physical safety <u>When:</u> 2x 45 min sessions <u>Concepts:</u> Emergency Smart; Safety Smart.</p>	<p>Relationships <u>Learning Area:</u> Relationships and sexuality education. - When: through term Cyber safety - After the 8th of June parent information evening Concepts: Theme 3: Relationships; Theme.</p>	<p>Staying Safe <u>Learning Area:</u> Relationships When: Through the Term. Concepts: Theme 5: Staying Safe. Resources: Police, Fire Department, St Johns (alternate). - Cyber safety - After the 8th of June parent information evening</p>	<p>Growing and changing <u>Learning Area:</u> Relationships When: Week 3- 5 Concepts: Theme 4: Growing and Changing.</p> <hr/> <p>Swimming Safety <u>Learning Area:</u> Body care and physical safety <u>When:</u> Week 6-9 <u>Concepts:</u> Water Survival, Safety and Awareness.</p>
<p>How can we take care of our Hauora (Wellbeing)? Life Ed. <u>Learning Area:</u> Food and Nutrition <u>When:</u> Life Education Sessions + Class follow up sessions. <u>Concepts:</u> Diet, Resilience, Basic Needs</p>			
<p>Key Theme: How to be a friend; How to show Manaakitanga as an AIM High Learner. <u>Learning Area:</u> Mental Health <u>When:</u> One ‘Class Hui’ (Circle Time) each week <u>Concepts:</u> Positive Learning for Behaviour (PB4L) Circle Time. Developing positive relationships, and providing opportunities for effective teaching and learning. They foster calmer, more focused classrooms in which less time is spent managing behaviour. Within a circle, all participants share responsibility for maintaining a positive and inclusive learning environment based on trust and on reaching a consensus about how things should be.</p>			